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Nov. 6, 2020

Important Dates

October 30 - November 10 - Veterans Food Bank Drive

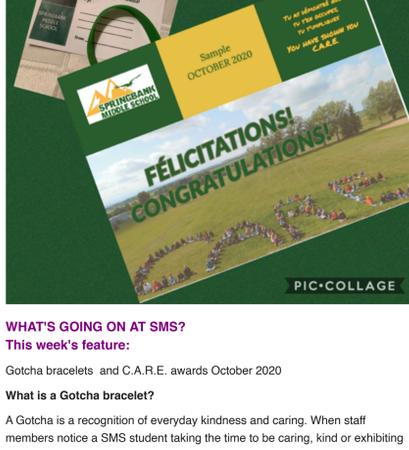
November 10 - In-class Virtual Remembrance Day Ceremony - link to the video will be emailed to parents early next week

November 11 - Remembrance Day - no school

November 16 - 29 - Scholastic Virtual Book Fair - More Information coming at a later date

Nov. 18 - Photo Retakes

Nov. 23 - Professional Learning Day - No School for Students



WHAT'S GOING ON AT SMS?

This week's feature:

Gotcha bracelets and C.A.R.E. awards October 2020

What is a Gotcha bracelet?

A Gotcha is a recognition of everyday kindness and caring. When staff members notice a SMS student taking the time to be caring, kind or exhibiting leadership skills, they can recognize those acts with a GOTCHA. These are announced over the intercom and students come to the office and are presented with a SMS "WE CARE" bracelet.

What are C.A.R.E. certificates?

C.A.R.E. certificates will be awarded monthly. The October C.A.R.E. certificates were presented on November 5th to the nominees from each class. Students are nominated by classmates and teachers based on the tenets of our C.A.R.E. program: Considerate, Accountable, Resilient, and Empathetic. Photos of the recipients are placed on our C.A.R.E. bulletin board in our main hallway at the school. Congratulations to our October C.A.R.E. students!

SCHOOL RESOURCE/LIAISON OFFICERS

We have been fortunate to have our School Resource/Liaison Officers at the school this week. Due to COVID, they have only recently been able to enter the schools again. Cst. Moore, Cst. Sauve, & Cst. Gelinat are available to all of the west RVS schools. They were here one day this week in their Red Serge uniform to help us film a portion of our Remembrance Day Ceremony. Cst. Moore was here again to meet with classes and to share with students his special talent as a police sketch artist. He wasn't able to get to all of the classes but he will be back on Monday to finish up.

There are various presentations that our Resource Officers can provide to schools, including the following:

- Alcohol and Alcohol impairment
- Cannabis and Cannabis impairment
- Enhanced Road Safety
- Unhealthy Relationships
- Vaping, Tobacco and Cigarettes
- Mental Health
- Online Safety
- Partying
- Policing, Composite Artistry, Investigations and Laws

ATHLETICS:

Volleyball

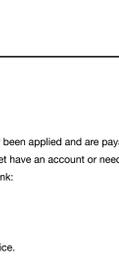
Practices are well underway for the Grade 8 Girls and the Grade 7 Boys. The Grade 7 Girls will tentatively begin on Tuesday, November 24th. We've had to adjust the original schedule so please see the Athletics section of the school's website, under the "Sports Calendar" for all the updated dates and times.

Grade 6 teams will tentatively start in early December. Please watch for upcoming announcements.

If you have any questions or need further details, please contact [Mr. Lee](#).

Veterans Food Bank Drive

We're continuing our food drive for the Veterans Food Bank, up to and including, November 10th. Students are asked to bring non-perishable food and/or toiletry items. Smaller denomination grocery store gift cards are also greatly appreciated. This will be a class challenge - the class that brings in the most items wins!



Veterans Food Bank of Calgary

Thanks for supporting our veterans!
The Grade 7 Leadership Class

Updates:

School Fees:

Fees for Term 1 and Yearlong optional courses have now been applied and are payable through your School Cash Online account. If you don't yet have an account or need a refresher on how to use it, please click on the following link:

[School Cash Registration](#)

If you have any problems or questions please call our office.

FLIPGIVE!!!

New Fundraising Initiative by Friends of Springbank Middle School Society - no extra cost! Simply make your purchases via Flipgive!

<https://flipgive.app.link/r?code=1375907>

Thank you to those families who have already signed up for Flipgive! We currently have 61 families who are already taking advantage of the convenience of shopping from home while helping raise funds for our school! So far we have \$121.00 in rebates!

Please join the Springbank Middle School team and encourage your friends and family to do so as well. Join today by clicking on the following link:

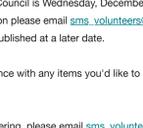
https://flipgive.app.link/teams/join?fundraiser_name=Springbank+Middle+School+&joincode=7V9M2M

If you're prompted for a "Join Code" please enter this code: **7V9M2M**

This Weekend Only!

Earn immediately with these gift cards (and more when you use them for deals & gifts online), and keep earning for your team. Ends Sunday.

INDIGO EGIFT CARD Gives 6% Gives-6% Ends in 16 days	BED BATH & BEYOND EGIFT... Gives 2% Gives-2% Ends in 2 days
AMERICAN EAGLE OUTFITTE... Gives 2%	ARDENE EGIFT CARD Gives 4% Gives-4% Ends in 2 days



SCHOOL COUNCIL

The next meeting of School Council is Wednesday, December 2nd at 7:00 PM. If you'd like to attend in person please email sms_volunteers@outlook.com. Zoom meeting information will be published at a later date.

Please email Council in advance with any items you'd like to be addressed at an upcoming meeting.

If you're interested in volunteering, please email sms_volunteers@outlook.com

Arlene Abboud & Amal Jomaa
On behalf of the SMS Council

FRIENDS OF SPRINGBANK MIDDLE SCHOOL SOCIETY (FOSMSS)

Springbank Middle School has been awarded a casino in the early part of 2021. In the past, casinos have raised up to \$60,000 for our school and students. We will be sending out a sign-up to recruit volunteers as soon as we have the dates finalized. It's imperative we have enough volunteers to run the casino to continue to be on the list of eligible participants.

Arlene Abboud & Amal Jomaa
On behalf of FOSMSS

**Alberta Health Services
Community Education Service**

Please click on the following link for a list of upcoming, free webinars offered by AHS, Community Education Service. Sessions include topics such as: "Taming Anxiety Gremlins"; "Overcoming Mental Health Challenges in a Global Pandemic"; and "Everyday Banking and Budgeting"

<https://community.hmhc.ca/sessions/?p=online>

Letter from SMS Administrators

Dear Parents/Guardians,

This letter is intended to provide our parents with information about our approach and commitment to establishing and maintaining a positive learning environment within Springbank Middle School.

Springbank Middle School is committed to the development of beliefs and attitudes that foster a safe, caring, and inclusive learning environment. At Springbank Middle School we use Rocky View Schools' Code of Conduct to guide expectations for students.

https://www.rockyview.ab.ca/staff/admin_procedures/300-students/ap350-student-code-of-conduct/view

As stated in the code, students are expected to learn, practice and develop personal and interpersonal character traits that incorporate universal values. When students are growing, both physically and in maturity, they make mistakes. At Springbank Middle, our primary approach is to educate students regarding their mistakes in hopes that students will learn from their experiences and make better decisions in the future. In many cases this is a learning experience which the student takes to heart. There are a variety of strategies that can be implemented to assist students in demonstrating the expected behaviour. These include, but are not limited to:

- Restorative practice approach
- Alternative student work location or alternative lunch/recess location
- Short term removal of privileges, such as internet access, recess or participation in extracurricular activities
- Detention
- Working with the CDA (Child Development Advisor) to assist with social and emotional development and positive peer relationships
- Working with the Learning Support teams from both the school and Rocky View Schools' specialists to develop learning and behaviour plans
- Consultation with community agencies that can provide supports for mental health or medical supports
- Suspension (up to 5 days) and/or a recommendation for expulsion.

Students will contribute, to the greatest extent possible, to a learning environment that is well-ordered, peaceful, safe, non-threatening, and conducive to learning and optimal growth. We expect our students to behave in a way that will bring credit to themselves and our school.

We continue to utilize Springbank Middle School's C.A.R.E. (Considerate, Accountable, Resilient, Empathetic) positive behaviour program. The teaching and learning of expected student behaviour are important parts of being proactive and preventative. The wall-hanging in our front entrance depicts some of the character traits associated with each word of the acronym. A large component of this program is recognizing and celebrating positive behaviour. "Gotcha" Caring coupons and SMS "We Care" wristbands are presented to students on an on-going basis. As well, monthly "CARE" certificates are awarded to students from each homeroom.

Through the CARE program, we provide the following programming:

Gr. 5

- Healthy Relationships
- Building Mental Wellness
- Big Brothers/Big Sisters

Gr. 6

- Deal With It (Learning to deal with anxiety)
- The Skin You're In
- Big Brothers/Big Sisters

Gr. 7

- Teen Wellness

Gr. 8

- Canadian Mental Health Association – Suicide Prevention

Full School Initiatives:

- Digital Citizenship and Online Safety
- Programming connections with School Resource RCMP Officers
- House Teams being implemented this year
- School wide community service initiatives such as food drives, Christmas hampers, etc.
- Leadership
- Mentorship
- Spirit Days
- CARE Program celebrations

As members of the Springbank Middle School Community, we share a responsibility to work together to provide school environments where students feel safe and respected, thereby allowing them to reach their full potential.

We are looking forward to a positive year at Springbank Middle School. Thank you for supporting your child through his/her educational journey.

Sincerely,

Mary Magee & Stacy Pothier

