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SPRINGBANK MIDDLE SCHOOL

February 26, 2021

Important Dates

March 3 - Bottle Drop Off Bin On Site

March 3 - School Council - 7:00 pm (Zoom)

March 8 - Professional Learning Day - No Classes

March 11 - 19 - Virtual Book Fair

March 12 - Paul Davis In-class Online Safety Presentations (rescheduled from February)

April 2 - 11 - Spring Break - No Classes

What's Going On at SMS?

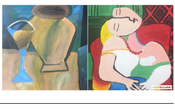
Art!

Did you know that Springbank Middle School Art program has an Instagram account?

You can request to follow us at:

Art.sms

Mrs. Doyle-Morrow posts images of the great work our students create throughout the year. You will see student work from grade 5 to grade 8. Throughout the four years students learn about unique styles and forms of expression from a variety of historical and contemporary artists. Students learn to create dynamic compositions and to explore their own ideas while working in a variety of mediums. We hope you enjoy perusing the work posted.

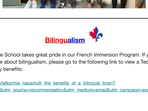


House Teams!

Pink Shirt Day was the focus for our Teams this week and we had great participation from all our Teams in the form of wearing pink gear and taking part in presentations. Fire is still leading the way, followed by Wind, Water and moved from 4th place into third, leaving Rock in the final spot!

Pink Shirt Day & Anti-Bullying Presentations

On Tuesday, February 23, Dr. Crystal Dittrick (RVS Psychologist, formerly attached to SMS) did an interactive anti-bullying presentation for our Grade 7 students. Students broke into groups and discussed topics such as the difference between bullying and conflict; the different types of bullying; and what makes cyberbullying unique. They also discussed why we should care and what we can do as a community and as individuals to stop bullying. Some students volunteered to take part in a role playing exercise where one student would conduct an "interview", by asking the "guests" how they would respond in a given scenario. Each guest would respond as a bully, a helper, or a bystander. The interviewer would then choose who they would prefer to associate with, given their response. At the end of the presentation, every grade 7 student was entered into a draw for a pink shirt package (pink shirt, pink colour changing pencil, and pink bracelet). Our winners were: Ava, Chase, Lucas, Ava and Emily.



Bilingualism

Springbank Middle School takes great pride in our French Immersion Program. If you're interested in finding out more about bilingualism, please go to the following link to view a Ted Talk video outlining the many benefits:

https://www.ted.com/talks/mia_nacamulli_the_benefits_of_a_bilingual_brain?utm_campaign=tt-embed&utm_source=recommendation&utm_medium=email&utm_campaign=explore&utm_term=vea kr2Nsw

Fees

Fees for electives have now been applied and are due for Term 2. Please visit your SchoolCash account to pay any outstanding fees for Term 1 and/or 2. Please go to the following link to view instructions on how to set up your account if you're a first-time user; or to access your existing account.

https://www.rockyview.ab.ca/assets/school-cash-online-fees-permission-forms/at_download/file

If you have any questions, please contact Bev Monteith in the main office.

Virtual Book Fair

Mark your calendars! The fun and excitement of a Scholastic Book Fair is coming to our school!

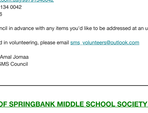
To adapt to our changing needs, Scholastic has developed a Virtual Book Fair to provide an opportunity for our students and families to experience the joy of reading together. So save the date! Our Scholastic Virtual Book Fair will take place Thursday, March 11th through to Friday, March 19th.

When it's time to shop, visit our school's Virtual Book Fair site using this link:

https://virtualbookfairs.scholastic.ca/sms/515638

Before our Fair begins, click the link and: • SAVE it to your browser • WATCH videos of popular new titles • PREVIEW our Featured Books.

Watch for news leading up to our Scholastic Virtual Book Fair!



School Council

The next meeting of School Council is Wednesday, March 3 at 7:00 P.M. Until further notice, there will be no in-person attendance.
Zoom link for March 3 and all future meetings:
https://rockyview.zoom.us/j/87913160042
Meeting ID: 997 9134 0042
Passcode: 696396

Please email Council in advance with any items you'd like to be addressed at an upcoming meeting.
If you're interested in volunteering, please email sms_volunteers@outlook.com

Arlene Abbout & Amal Jomaa
On behalf of the SMS Council

FRIENDS OF SPRINGBANK MIDDLE SCHOOL SOCIETY (FOSMSS)

Unfortunately, due to Covid, the Casino has been canceled. This is a fundraiser that typically brings in $40,000+ for SMS. We've been very grateful for these funds as they've enabled us to accomplish so many wonderful things and purchase much needed equipment and resources.

If you're able, and wish to support our continued efforts, donations can be made directly to the school, via the following link - *It works now! Please select Springbank Middle under the Fund dropdown menu:*

https://www.canadahelps.org/en/charities/rocky-view-schools/

FLIPGIVE!

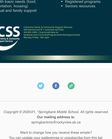
We also encourage everyone to join our **FlipGive** fundraising campaign:
All you need to do is shop for your everyday household items, groceries, gifts, etc. through **FLIPGIVE!** Every time you make a purchase Springbank Middle gets a percentage in the form of a rebate. **You pay nothing extra**. Shop from the comfort of home using the app or any other preferred device. There are hundreds of vendors available, e.g. Safeway, Sobey's, Sportchek, Indigo, Sephora, Tim Horton's, and more! Most vendors offer rebates on both merchandise and gift cards. All you need to do is create an account and start shopping!!! To date, Springbank Middle has collected $1,020 in rebates. Thank you to those who are already using FLIPGIVE!

Please join the Springbank Middle School team and encourage your friends and family to do so as well. Join today by clicking on the following link:
https://flipgive.app.link/teamsignup?fundraiser_name=Springbank+Middle+School+&promocode=7V9MZM
If you're prompted for a "Join Code" please enter this code: **7V9MZM**

Bottle Drive

The next date for the bin to be at the school is Wednesday, March 3rd. The bin will be dropped off at approximately 7:45 A.M. and picked up at 4:15 P.M. You can also take bottles to Springbank Bottle Depot and ask to have the proceeds credited to Springbank Middle School's account.

Springbank Middle School Online Store!



We are very excited to announce the launch of the new Springbank Middle School Online Store! In partnership with Tuxedo Sports, we are offering a wide variety of items in assorted colours and styles, sporting the Springbank Middle School logos. Please ensure your order is correct before submitting, as there are no exchanges or returns. Go to the following link to start shopping! The school earns $3 for each item purchased.

https://tuxedo.itemorder.com/sale

Access Code: springbank

Alberta Health Services
Community Education Service

Please click on the following link for a list of upcoming, free webinars offered by AHS, Community Education Service.
https://community.hmhc.ca/sessions/7p-online

FOR RURAL SUPPORT
Connections to resources
Information about mental health
Help with basic needs (food)
Crisis intervention (24/7)
Individual and family support
Mobile Resource Workers
Mental Health Coach
Negotiation programs
Seniors resources
FCSS
Calgary Rocky View Foothills Kananaskis
Strathmore Wheatland Counties
Siksika Nation
Tsuut'ina Nation
Chinook Arch Regional Partnership
Alberta Health Services
Alberta Human Services
Alberta Children's Hospital
Alberta Health
Alberta Education
Alberta Children and Youth Services
Alberta Seniors and Housing
Alberta Mental Health Patient Advocate
Alberta Mental Health Foundation
Alberta Addiction and Mental Health Research Partnership
Alberta Mental Health Board
Alberta Alcohol and Drug Abuse Commission
Alberta Hospital Edmonton
Alberta Hospital Ponoka
Alberta Hospital Oliver
Alberta Hospital Wolf Creek
Alberta Hospital Fort Saskatchewan
Alberta Hospital Claresholm
Alberta Hospital Peace River
Alberta Hospital Grande Prairie
Alberta Hospital Lethbridge
Alberta Hospital Medicine Hat
Alberta Hospital Edmonton Forensic Psychiatry Centre
Alberta Hospital Edmonton Mental Health Centre
Alberta Hospital Edmonton Adult Mental Health Centre
Alberta Hospital Edmonton Addiction Centre
Alberta Hospital Edmonton Geriatric Mental Health Centre
Alberta Hospital Edmonton Adolescent Mental Health Centre
Alberta Hospital Edmonton Child Mental Health Centre
Alberta Hospital Edmonton Forensic Psychiatry Centre
Alberta Hospital Edmonton