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Oct. 23, 2020

### Important Dates

Oct 26 - 30 - Spirit Week!

- Oct. 26 - Jersey Day
- Oct. 27 - Twin Day
- Oct. 28 - Pajama Day
- Oct. 29 - Decades Day
- Oct. 30 - Halloween Costumes

Oct. 30 - In-class Halloween Fun

November 4 - School Council Meeting

November 10 - In-class Virtual Remembrance Day Ceremony

November 11 - Remembrance Day - no school

November 16 - 29 - Scholastic Virtual Book Fair - More Information coming at a later date

Nov. 18 - Photo Retakes

Nov. 23 - Professional Learning Day - No School for Students

**During these times, it's important the school be able to reach parents in a timely manner. Please be sure the school has your correct contact information, including email and phone numbers.**



### WHAT'S GOING ON AT SMS?

**This week's feature:** CTF Shop Program

Mr. JF Bolduc provides amazing opportunities for students at SMS. Using a design-based approach, students can use a variety of tools such as saws, band saws, drills, sanders, 3-D printers and the newest additions, 4 lathes, to build a variety of projects. Industrial Arts options give students a chance to try real world work situations while using creative thinking and design principles. Mr. JF takes great pride in offering a variety of learning projects, which allow students to have experiences that expand their work and world view. He also teaches Math and Science and incorporates real world problems into his classwork through the use of the materials and tools in the shop.

### ATHLETICS:

#### Volleyball

Grade 8's will have the opportunity to participate in some volleyball clinics starting next week. We will be offering some after school practices to the grade 8 students for the next three weeks if they wish to come out and work on developing their skills. This would be very beneficial for students that are planning on attending club volleyball tryouts in late November or just have a keen interest in the sport. Unfortunately we are not able to have inter-school competitions at this time due to the COVID 19 restrictions and are only able to run practices. The first one for the girls will be on Monday, October 26 (3:15-4:45) and the boys will be on Tuesday, October 27 (3:15-4:45). Any questions, contact Mr. Lee [lee@rockyview.ab.ca](mailto:lee@rockyview.ab.ca)

The grade 7 and grade 6 practices will start in approximately 3-4 weeks time. If you have any questions or need further details, please contact Mr. Lee [lee@rockyview.ab.ca](mailto:lee@rockyview.ab.ca)

Online learners & RVS homeschoolers are welcome to join us!

### SMS SPIRIT WEEK!

The grade 8 leadership option would like to help students and staff get into the Halloween spirit. Students are invited to dress up for theme days throughout the week of October 26-30.

*Monday* - Jersey Day - Wear a jersey from your favourite sports team.

*Tuesday* - Twin Day - Dress up with a friend in similar clothes to become "twins."

*Wednesday* - Pajama Day - Dress in your pajamas!

*Thursday* - Decade Day - Dress up as if you're in the 60's, 70's, 80's 90's or the early 2000's.

*Friday* - Halloween Day - Wear your Halloween costume - see below

We look forward to seeing your spirit!

The Grade 8 Leadership Class

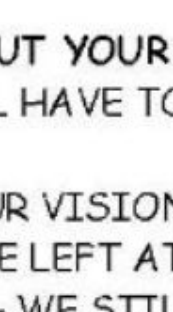
### Food Bank Drive for the Veterans Food Bank

From October 30 - November 10, the grade 7 leadership class is organizing a food drive for the Veterans Food Bank. Students are asked to bring in non-perishable food and toiletry items. This will be a class challenge - the class that brings in the most items wins!

Thanks for supporting our veterans!

The Grade 7 Leadership Class

## HALLOWEEN



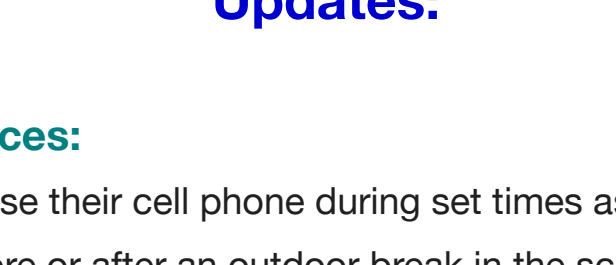
### IT'S TIME TO BE THINKING ABOUT YOUR HALLOWEEN COSTUME!

- REMEMBER YOU WILL STILL HAVE TO WEAR YOUR PROTECTIVE FACE MASK.
- MASKS THAT OBSCURE YOUR VISION ARE NOT RECOMMENDED.
- ANY "WEAPONS" SHOULD BE LEFT AT HOME
- TRY NOT TO BE TOO GORY - WE STILL HAVE SOME YOUNG STUDENTS

### WANTING TO BRING CANDY OR A TREAT?

- HOMEMADE GOODIES ARE NOT RECOMMENDED THIS YEAR
- MUST BE INDIVIDUALLY PREPACKAGED
- SEND TREATS IN BY WEDNESDAY, OCTOBER 27 (TO ALLOW FOR SITTING PRIOR TO ANYONE HANDLING AT THE SCHOOL)

### THE AFTERNOON OF OCT. 30 WILL BE HOMEROOM-BASED TO ALLOW CLASSES TO CELEBRATE!



### Updates:

#### Use of Personal Devices:

Students are allowed to use their cell phone during set times as determined by their teacher - usually just before or after an outdoor break in the schedule. Just a gentle reminder that students are not to be checking/using their cell phones during class as it can be disruptive to both your child and the class as a whole. If you need to get a message to your child, please call the front office and we will be happy to pass the message along. If a student needs to contact their parents/guardians they are asked to come to the office and we can call for them, or they may use their cell phone in the office. We sincerely appreciate your help with this matter.

#### Absences:

If your child is going to be away from school, please call the main office and leave a message on the Absence Line. It's not necessary to leave specific details about an absence but the following is a list of codes that might help you determine how to clarify the absence when you call. Thank you for assisting us with keeping accurate attendance records.

**AH - Absent Health** - The student is out of school because of personal, physical, or mental health or injury, including health-related appointments.

**AF - Absent Family** - The student is out of school for religious or family reasons. Family reasons might include lack of child care for a parenting student, care for a sick relative, legal proceedings, bereavement for a family member, etc.

**AV - Absent Vacation** - The student is out of school because of family vacation or involvement in extracurricular activities that are not sponsored by the school.

#### Alberta Health Services:

AHS has provided a new tool "[Guidance for Parents of Children Attending School or Childcare](#)." The [RVS Student Should I Go to School Today flowchart](#) aligns with the three provided by AHS in this tool.



### SCHOOL COUNCIL

The next meeting of School Council is Wednesday, Nov. 4 at 7:00 P.M.

If you'd like to attend in person please email [sms\\_volunteers@outlook.com](mailto:sms_volunteers@outlook.com).

For those wanting to attend via Zoom:

School Council Zoom Meeting

Time: Nov 4, 2020 07:00 PM

[https://zoom.us/j/93850692284?](https://zoom.us/j/93850692284?pwd=QTRDcWdsVlFKclBgcFtWXYSSQ9zdz09)

[pwd=QTRDcWdsVlFKclBgcFtWXYSSQ9zdz09](https://zoom.us/j/93850692284?pwd=QTRDcWdsVlFKclBgcFtWXYSSQ9zdz09)

Meeting ID: 938 5069 2284

Passcode: 54j9f6

Please email Council in advance with any items you'd like to be addressed at an upcoming meeting.

If you're interested in volunteering, please email [sms\\_volunteers@outlook.com](mailto:sms_volunteers@outlook.com)

Arlene Abboud & Amal Jomaa

On behalf of the SMS Council

### FRIENDS OF SPRINGBANK MIDDLE SCHOOL SOCIETY (FOSMSS)

Thank you to the 141 families who participated in the parent survey sent out asking parents to identify what they felt were priorities for the allocation of monies raised through fundraising. The survey told us 55.5% are only "somewhat satisfied" with SMS' fundraising resources. The following categories were identified as priorities for investment:

- Technology
- Science equipment
- Athletic equipment

Please read further down this newsletter to learn about an exciting new fundraising initiative by Friends of Springbank Middle School Society: FlipGive!!!

Springbank Middle School has been awarded a casino in the early part of 2021. In the past, casinos have raised up to \$60,000 for our school and students. We will be sending out a sign-up to recruit volunteers as soon as we have the dates finalized. It's imperative we have enough volunteers to run the casino to continue to be on the list of eligible participants.

Arlene Abboud & Amal Jomaa

On behalf of FOSMSS

### FLIPGIVE!!!

**New Fundraising Initiative** by Friends of Springbank Middle School Society

Springbank Middle School is embarking on a new and exciting way to fundraise! All you need to do is shop for your everyday household items, groceries, gifts, etc. through **FLIPGIVE!** Every time you make a purchase Springbank Middle gets a percentage in the form of a rebate. You pay nothing extra. Shop from the comfort of home using the app or any other preferred device. There are hundreds of vendors available, e.g. Sobey's, Sportcheck, Indigo, Sephora, Tim Horton's, Safeway, and more! Most vendors offer rebates on both merchandise and gift cards. All you need to do is create an account and start shopping!!!

Please join the Springbank Middle School team today by clicking on the following link:

[https://flipgive.app.link/teams/join?](https://flipgive.app.link/teams/join?fundraiser_name=Springbank+Middle+School+&joincode=7V9MZM)

[fundraiser\\_name=Springbank+Middle+School+&joincode=7V9MZM](https://flipgive.app.link/teams/join?fundraiser_name=Springbank+Middle+School+&joincode=7V9MZM)

If you're prompted for a "Join Code" please enter this code: **7V9MZM**

We would love it if you would invite your friends and family to also become a part of our team. Every little bit helps, and our rebates can add up quickly. Due to COVID19 we're unable to run more traditional fundraisers but the school is still in need of several items that would enhance your child's learning and experience at Springbank Middle School.

Again, you don't have to spend any extra money or buy anything but your regular purchases. For example, consider buying gift cards from your favourite grocery store and then use them when you purchase your groceries. Going out for dinner? Purchase gift cards from the restaurant and use them as your method of payment. It's that simple!

Please visit [www.flipgive.com](http://www.flipgive.com) for more information and answers to any questions you may have. If you're still unclear or have more questions, please give the school a call.

### ONLINE LOOP (For our online learners)

Now that our students, families and teachers have engaged in three-way conferences, students have fresh goals. Parents, it's a good time to set some goals for yourself and family as well!

Consider the Goldilocks Rule and refine your own support of your online learners. Is your support:

#### Too LITTLE

When a task is challenging, students may become frustrated. Students who are frustrated may try to avoid the task or become angry. Parents may see pursed lips, "tearing up", sitting back, crossed arms and/or pushing back from the work space. When students are working at the frustration level, they need just a little bit more support. Try this:

- Review the instructions and do the first step together.
- Play a game, and give a hint.

#### Too MUCH

When a task is too easy, it may be because the level of support is more than what is needed and opportunities for learning decrease. You may be providing too much support if your child completes the task easily. Challenge your child to expand on and extend his or her thinking.

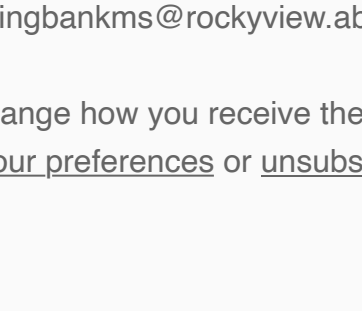
Try this:

- Step back and let your child complete the task independently.
- Allow your child to make a mistake. Learning is about trying, failing, stepping back to reflect on the task and how it could be done differently for a better outcome.
- Extend your child's learning by asking questions that build on their understanding i.e. Where might you use this in real life? Where else do you see this? What does this remind you of and why? Now that you know this, now what do you also know?

#### JUST RIGHT

You will know you are offering your child just right support when you see your child's confidence grow! You will see your child taking risks in their learning. You will hear your child engage in discussions and lean in to learn, rather than offer only those answers that are correct.

Celebrating effort and growth with your child will communicate to them the importance of learning, which is really what it is all about!



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