

INGREDIENTS LISTING – HOT FOOD ITEMS **updated Feb. 24, 2015**

BAGEL BITES (P, N, E)

Bagel half: Wheat flour, water, glucose-fructose, yeast, salt, soybean oil, ascorbic acid.

Topping: Mozzarella cheese (milk, bacterial culture, salt, microbial enzymes), pepperoni (pork, salt, spices (mustard), water, dextrose, paprika oleoresin, flavors, sodium nitrite, lactic acid starter culture (milk), modified cornstarch, skim milk powder, whey protein concentrate, sodium phosphate. **Sauce:** Water, tomato paste, glucose-fructose, salt, modified cornstarch, flavour (potassium chloride, ammonium chloride, yeast extract, corn maltodextrin, lactic acid, citric acid, calcium lactate, natural flavor), methyl cellulose, citric acid, spices

CONTAINS: Wheat, milk, soy, mustard

CHEESE PIZZA

-consists of pizza crust, pasta sauce, mozzarella, cheddar and parmesan cheeses

PIZZA CRUST

INGREDIENTS: FLOUR (WHEAT, MALTED, BARLEY) WATER, SOYBEAN OIL, YEAST, SALT, DEXTROSE, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), AND CALCIUM PROPIONATE (PRESERVATIVE)

Contains: WHEAT and SOY, and SOY PRESERVATIVES

PASTA SAUCE

Ingredients: Crushed tomatoes, water, sugar, modified corn starch, salt, dehydrated vegetables (onions, garlic and basil), soybean and/or canola oil, citric acid, spices

ALLERGY CODING: P, N, D, G, E

CHICKEN AND CHEESE WRAP

-consists of chicken, barbeque sauce, onions, garlic, and mozzarella cheese on a flour tortilla

TORTILLAS

Ingredients: enriched wheat flour, water, vegetable oil (canola or soybean), mono and diglycerides, molasses, salt, potassium sorbate, sodium acid pyrophosphate, sodium bicarbonate, calcium acid pyrophosphate, sodium propionate, fumaric acid, sodium stearoyl-2-lactylate, cornstarch, guar gum, cellulose gum, maltodextrin, carrageenan, calcium peroxide

MAY CONTAIN SESAME SEEDS, SOYBEAN, MILK INGREDIENTS, EGG AND SULPHITES

ALLERGY CODING: P, N

CHICKEN CORN DOGS - D, P, N

INGREDIENTS: BATTER: WATER, ENRICHED FLOUR, SUGAR, YELLOW CORN FLOUR, ENRICHED DEGERMED YELLOW CORN MEAL (YELLOW CORN MEAL, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) SOY FLOUR, BAKING POWDER, SOYBEAN OIL, SALT, DRIED EGG YOLK, POTATO FLOUR, DRIED HONEY, DRIED EGG WHITE, ARTIFICIAL FLAVOUR. CHICKEN FRANK: MECHANICALLY SEPARATED CHICKEN, WATER, SALT, CORN SYRUP SOLIDS, SPICES, SODIUM PHOSPHATE, FLAVOURS, SODIUM ERYTHORBATE, SODIUM NITRITE, SMOKE.
FRIED IN VEGETABLE OIL.

CONTAINS: WHEAT, SOY, EGG, BARLEY AND MUSTARD.

FRIES (P,N,E,D)

INGREDIENTS: POTATOES, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), ENRICHED WHEAT FLOUR, MODIFIED CORN STARCH, RICE FLOUR, YELLOW CORN MEAL, SALT, BAKING POWDER, MALTED BARLEY FLOUR, GUAR GUM, SODIUM ACID PYROPHOSPHATE, DEXTROSE.

CONTAINS WHEAT

NO TRANS FAT / NO CHOLESTEROL

GRASS FED BEEF BURGERS

Ingredients: beef, water, mustard, sea salt, cracked black pepper, rosemary extract

ALLERGY CODING: P, N, D, G, E

HASHBROWNS (D,E,P,N)

INGREDIENTS: POTATOES,VEGETABLE OIL(CANOLA AND/OR SOYBEAN AND/OR COTTONSEED AND/OR SUNFLOWER), CORN STARCH,SALT,DEHYDRATED ONION POWDER,DEXTROSE,SODIUM ACID PYROPHOSPHATE

HUMMUS (ROASTED RED PEPPER)

Ingredients: Cooked chickpeas (chickpeas, garbanzos, water) tahini (ground sesame), soybean oil, red bell pepper, garlic, salt, citric acid, potassium sorbate added to maintain freshness, natural flavors

ALLERGY CODING: P, N, D, G, E

JUMBO HOTDOGS (P,N,E,D)

INGREDIENTS: MECHANICALLY SEPARATED CHICKEN, BEEF, WATER SALT, WHEAT GLUTEN, SPICE, ONION POWDER, SODIUM REYTHORBATE, GARLIC POWDER, SODIUM NITRITE, SMOKE

JUMBO PRETZELS (P,N,E,D)

ENRICHED WHEAT FLOUR, (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CORN SYRUP, YEAST SALT, BICARBONATES AND CARBONATES OF SODA

CONTAINS: WHEAT

MASHED POTATOES (P, N, G, E)

INGREDIENTS: POTATOES, WATER, MARGARINE, (LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, ARTIFICIAL COLOR, WATER, SALT, MONO- AND DIGLYCERIDES, BHA AND BHT: ADDED TO IMPROVE STABILITY, ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D ADDED), NONFAT MILK, SALT, POTASSIUM SORBATE TO PROTECT FLOAVOR, DISODIUM DIHYDROGEN PYROPHOSPHATE; TO MAINTAIN COLOR, MODIFIED FOOD STARCH, GLUCONO-ELTA-LACTONE, XANTHAM GUM

CONATINS: MILK

MEATBALL SUBS (P,N)

-consists of meatballs, pasta sauce, mozzarella cheese and whole wheat sub bun

MEATBALLS (P,N,E,D)

BEEF, WATER, TOASTED WHEAT CRUMBS, SOY PROTEIN, SALT, SPICE, ONION POWDER, SUGAR, GARLIC POWDER, DEHYDRATED PARSLEY

WHOLE WHEAT SUBMARINE BUNS (P,N)

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, WATER, CANOLA OIL, SUGAR, YEAST SALT, GLUTEN, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SODIUM STEAROYL-2 -LACTYLATE, MONO AND DIGLYCERIDES, CALCIUM PROPIONATE, VINEGAR, SORBIC ACID AND CALCIUM SULPHATE

MAY CONTAIN: SESAME SEEDS, SOY, MILK PRODUCTS, SULPHITES EGG AND MUSTARD

PASTA SAUCE (P, N, D, G, E)

Ingredients: Crushed tomatoes, water, sugar, modified corn starch, salt, dehydrated vegetables (onions, garlic and basil), soybean and/or canola oil, citric acid, spices

MCMIDDLE MUFFINS – SAUSAGE AND CHEESE (P, N);

-consists of 1 sausage round, slice of processed cheese, and English Muffin

MCMIDDLE MUFFINS – SAUSAGE, CHEESE AND EGG(P, N)

-consists of 1 sausage round, slice of processed cheese, egg and English Muffin

ENGLISH MUFFINS (P, N)

INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, YEAST, SUGAR, WHEAT GLUTEN, SALT, CANOLA, VINEGAR, CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, CITRIC ACID, FUMARIC ACID, MALTED BARLEY FLOUR, SORBIC ACID.

TOPPING: CORNMEAL

CONTAINS: WHEAT

MAY CONTAIN: SESAME SEEDS, MILK INGREDIENTS, SOY, SULPHITES, EGG AND MUSTARD.

COOKED SAUSAGE ROUNDS (P, N, E, D)

INGREDIENTS: PORK, WATER, TOASTED WHEAT CRUMBS, SALT, SPICE.

CONTAINS: WHEAT

MAY CONTAIN: SOY

NAAN BREAD (GARLIC) –(P)

INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, SOYBEAN OIL AND/OR CANOLA OIL, SALT, SUGAR, BAKING POWDER, YEAST, DEHYDRATED GRANULATED GARLIC, CALCIUM PROPIONATE, POTASSIUM SORBATE, FUMARIC ACID, CILANTRO.

MAY CONTAIN: EGGS, MILK, TREE NUTS, SESAME SEEDS AND OTHER SOY NOT LISTED.

NACHOS WITH SALSA (P, N, E, D, G)

TORTILLA CHIPS (P, N, E, D, G)

INGREDIENTS: CORN, CANOLA OIL, SEA SALT, SLAKED LIME.

SALSA (P, N, E, D, G)

INGREDIENTS: TOMATOES (TOMATO PUREE AND DICED TOMATOES), WATER, GREEN CHILIES, ONION, GREEN BELL PEPPER, VINEGAR, SALT, JALAPENO PEPPERS, DEHYDRATED ONION, SPICES, PARSLEY, CITRIC ACID.

PANCAKES (P)

Ingredients: enriched wheat flour (barley), sugar, dextrose, leavening (sodium bicarbonate), sodium aluminum phosphate, monocalcium phosphate, soy flour, canola or soybean oil, salt, buttermilk powder, modified cornstarch, sodium stearoyl-2-lactylate

CONTAINS: WHEAT, SOY, MILK AND BARLEY

MAY CONTAIN EGGS AND TREE NUTS

PEROGIES – WITH OR WITHOUT SAUSAGE

POTATO AND CHEESE PEROGIES (P,N)

INGREDIENTS: ENRICHED WHEAT FLOUR, FRESH POTATO, WATER, CHEDDAR CHEESE, CANOLA OIL, EGG WHITE, SALT, ANNATTO

CONTAINS: WHEAT, EGG, MILK

MAY CONTAIN: SOY, SULPHITES

PRESERVED PORK SAUSAGES (P,N,E,D)

INGREDIENTS: PORK, WATER, TOASTED WHEAT CRUMBS, SALT, DEXTROSE, SUGAR, SPICES, SODIUM ERYTHORBATE, WHEAT GLUTEN

PEPPERONI CHEESE STICK (P, N)

Ingredients: Pastry wheat flour, water, enriched wheat flour, pepperoni (pork, beef, water, salt, mustard, spices, dehydrated garlic, spice extract, dextrose, sodium erythorbate, sodium phosphate, sodium nitrite, smoke), canola oil (with dimethylpolysiloxane), cheddar cheese (whey powder, salt, yellow #5, butter milk, enzyme modified aged cheddar cheese, calcium silicate, calcium) salt, dough conditioner (enzyme active soy flour, calcium sulfate, DATEM, sodium stearoyl lactylate, soybean oil, enzymes, ascorbic acid, potassium sorbate, azodicarbonamide, L-cysteine, mono and diglycerides, silicon dioxide) rosemary and oregano.

CONTAINS: milk, wheat (gluten) & mustard. Made in a facility which has sulphites, eggs and soy. Made from fresh and frozen portions.

PIZZA CRUST (USED FOR CHEESE PIZZA) – (P, N)

Ingredients: Enriched unbleached wheat flour, water, yeast, sugar, soybean oil, hydrogenated soybean oil, salt, sodium bicarbonate, sodium aluminum phosphate, wheat gluten, part skim mozzarella cheese (pasteurized part skim milk, bacterial culture, salt, calcium chloride, microbial enzyme), cheddar cheese (milk, bacterial culture, salt, enzyme (chymosin), whey powder (a milk derivative) guar gum, xanthan gum, garlic powder, acetylated tartaric acid, esters of mono and diglycerides, buttermilk solids, malted barley flour, dextrose, enzyme (pentosanase, amylase), ascorbic acid, sodium phosphate, lactic acid

CONTAINS: WHEAT, MILK

MAY CONTAIN SOY, EGG AND SESAME

PIZZA POPS (P, N, E)

INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, PIZZA TOPPING(WATER,PALM OIL,MODIFIED POTATO STARCH,RENNET CASIEN,MODIFIED CORN STARCH,SODIUM CITRATE,POTASSIUM CHLORIDE,LACTIC ACID,SODIUM ALUMINUM PHOSPHATE,SALT,SODIUM PHOSPHATE,FLAVOR(CONTAINS MODIFIED MILK INGRDIENTS), COLOUR,COOKED PEPPERONI,CANOLA OIL,TOMATO PASTE,SUGAR,COOKED BACON,SALT,MODIFIED CORN STARCH,DEXTROSE,SODIUM STEAROYL-2-LACTYLATE,METHYLCELLOSE,BAKING SODA,SODIUM ALUMINUM PHOSPHATE,SPICES,CIRIC ACID,HIGH MONOUNSATURATED CANOLA OIL,MONOCALCIUM PHOSPHATE,MALIC ACID,POTASSIUM SORBATE,NATURAL FLAVOR, GARLIC EXTRACT, GLUTAMIC ACID, AUTOLYZED YEAST EXTRACT,ONION EXTRACT,TOMATO POWDER,STEVIA EXTRACT. **CONTAINS WHEAT AND MILK INGREDIENTS.**

PIZZA PRETZELS (P)

INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, CRUSHED TOMATOES (TOMATOES, WATER, SALT), CALCIUM CHLORIDE, CITRIC ACID, CHEEDAR CHEESE, VINEGAR, ONION, YEAST, SALT, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), ROASTED GARLIC, CALCIUM PROPIONATE, OREGANO, POPPY SEEDS, ONION SALT (SALT, DEHYDRATED ONION, CANOLA OIL), SPICES, BASIL, PARSLEY.

CONTAINS: WHEAT, MILK

MAY CONTAIN: SESAME SEEDS, SOY, TREE NUTS, EGGS

SPAGHETTI (CATELLI) – (P)

INGREDIENTS: DURUM WHEAT SEMOLINA, THIAMINE MONONITRATE, RIBOFLAVIN, NIACIN, FOLIC ACID, FERROUS SULPHATE.

MANUFACTURED IN A FACILITY THAT USES EGGS

PASTA SAUCE (P, N, D, G, E)

Ingredients: Crushed tomatoes, water, sugar, modified corn starch, salt, dehydrated

SWEET POTATO FRIES (P, N, D, G, E)

Ingredients: sweet potatoes, canola oil and/or sunflower and/or safflower oil, rice flour, tapioca starch, cane sugar, cornstarch, tapioca dextrin, sea salt, chili pepper powder, salad mustard (distilled vinegar, mustard seed, salt, turmeric, paprika) xanthan gum, gluconic acid

CONTAINS: MUSTARD

TACOS - SOFT (P, N, D, E)

Ingredients: enriched bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) water, vegetable shortening (interesterified soybean oil), hydrogenated soybean oil and/or palm oil, contains 2% or less of each of the flwg: salt, leavening (sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate and/or sodium acid pyrophosphate, calcium sulfate). Distilled monoglycerides, enzymes, wheat starch, calcium carbonate, antioxidants (tocopherols,

ascorbic acid) cellulose gum, dough conditioners. Fumaric acid, sodium metabisulfite, Preservatives (calcium propionate, sorbic acid and/or citric acid)

CONTAINS WHEAT

TATER TOTS (P,N,D,G,E)

INGREDIENTS: POTATOES,VEGETABLE OIL(CANOLAAND/OR SOYBEAN OIL AND/OR COTTON SEED OIL AND/OR SUNFLOWER),CORN STARCH,SALT,DEHYDRATED ONION POWDER,DEXTROSE,SODIUM ACID PYROPHOSPHATE

7 CHEESE TORTELLINI PASTA (P, N)

INGREDIENTS: PASTA: DURUM WHEAT SEMOLINA, WATER, LIQUID WHOLE EGG, LIQUID EGG YOLK, TOMATO POWDER, SPINACH POWDER, SPICE.

FILLING: CHEESE (RICOTTA, SWISS, PARMESAN, MOZZARELLA, PROVOLONE, ASIAGO, FONTINA (MILK, MODIFIED MILK INGREDIENTS, SALT,BACTERIAL CULTURE, MICROBIAL ENZYMES, CALCIUM CHLORIDE, CITRIC ACID, LIPASE, TOASTED WHEAT CRUMBS, WHEY, CANOLA OIL, NATURAL FLAVOUR, SALT, GARLIC POWDER, ONION POWDER.

CONTAINS: WHEAT, MILK, EGGS.

MAY CONTAIN: MUSTARD.

PASTA SAUCE (HUNTS) (P, N, D, G, E)

INGREDIENTS: CRUSHED TOMATOES,WATER,SUGAR,MODIFIED CORN STARCH,SALT,DEHYDRATED VEGETABLES(ONIONS,GARLIC AND BASIL),SOYBEAN AND/ OR CANOLA OIL,CITRIC ACID,SPICES

TORTILLAS (USED FOR WRAPS AND QUESADILLAS) (P, N)

Ingredients: enriched wheat flour, water, vegetable oil (canola or soybean), mono and diglycerides, molasses, salt, potassium sorbate, sodium acid pyrophosphate, sodium bicarbonate, calcium acid pyrophosphate, sodium propionate, fumaric acid, sodium stearoyl-2-lactylate, cornstarch, guar gum, cellulose gum, maltodextrin, carrageenan, calcium peroxide

MAY CONTAIN SESAME SEEDS, SOYBEAN, MILK INGREDIENTS, EGG AND SULPHITES