

Grade 5 Health Outcomes and Timeline – 2012- 2013

Sept –Oct.	November	December	January-February	March	April	May	June
Life Learning Choices Learning Strategies (goal-setting, time-management)	Relationship Choices Interactions and Group Roles and Processes (relationships-conflict resolution)	Wellness Choices Safety & Responsibility	Relationship Choices Understanding and Expressing Feelings	Life Learning Choices Life Role & Career Development	Life Learning Choices Volunteerism (celebration)	Wellness Choices Personal Health	Wellness Choices Personal Health

The following outcomes will be covered in Phys. Ed.: **Wellness Choices** Personal Health – **W-5.1, W-5.2** **Wellness Choices** Safety and Responsibility – **W-5.7, W-5.8, W-5.9, W5.10**

Health will be covered in a variety of situations including; Phys. Ed. periods, Learning Strategies with Mrs. Karen Mauro and Mrs. Holstein, Small groups and individuals may receive advise on relationships and interactions from Mrs. Mauro, and, weekly timetabled Health classes with Ms. Williams. Health topics and outcomes are often covered within a cross-curricular context. Health issues and themes are also covered with “Stand-alone” lessons.

Assessment of students’ effort will be done through regular observations of the students’ effort, attitude and participation in class during discussions, presentations, projects and related activities.

Activities included:

- Ongoing health-related class discussions on all major Health topics a issues
- Integration of Health objectives and school-wide expectations i.e. CARE
- On-line learning opportunities through Power4Bones.com
- Creation of Webs and other graphic idea organizers relating to various Health topics and issues
- Related school-wide activities i.e. Future Fest –Life Roles and Career Development
- Projects and related collaborative initiatives
- Formal presentations by professionals, i.e. Nurses from the Calgary Health Region who presented on topics such as Wellness Choices and Personal Health, Boys and Girls Clubs of Cochrane (healthy relationships)
- Viewing related videos and follow-up discussions
- Exploring related Websites